

# Tuesday, April I

Breakfast Strawberry Cream Cheese Bagel

Lunch -Cheese Quesadilla -BBQ Hamburger on Bun -Italian Salad & Bosco Stick\* -Deli Sandwich Green Beans Chilled Applesauce

#### Wednesday, April 2

# Breakfast

Pancake & Sausage on a Stick\* Lunch -Chicken Nuggets &

Macaroni with Cheese -Hot Ham & Cheese -Chef Salad & Bosco Stick -Deli Sandwich **Baked Beans** 

-Deli Sandwich **Tator Tots** Chilled Peaches Cold Milk

**Thursday, April 3** 

Breakfast

**Cinnamon Toast Crunch** 

Muffin

Lunch

-Bacon Cheeseburger\*

-Hot Dog on Bun

-Italian Salad & Bosco Stick\*

## Friday, April 4

Breakfast Yogurt Cup & Nutri-grain Bar

Lunch -Baked Potato, Margarine, Shredded Cheese & Bosco Stick -Fish Sandwich

-Chef Salad & Bosco Stick -Deli Sandwich

Cheesy Broccoli **Orange Smiles** 

Cold Milk

#### Monday, April 7

Breakfast Breakfast Bagel\* Lunch -Toasted Ravioli, Meat Sauce & Bosco Stick -Sub Sandwich -Popcorn Chicken Salad & Bosco Stick -Deli Sandwich Seasoned Green Beans Mixed Fruit

Cold Milk

## Tuesday, April 8

Cold Milk

Breakfast Cinnamon Roll

Lunch -Straw Hat -Hot & Spicy Chicken Sandwich -Italian Salad & Bosco Stick\* -Deli Sandwich

> **Cheesy Refried Beans Chilled Pears** Cold Milk

## Wednesday, April 9

Mixed Fruit

Cold Milk

Breakfast Pancake Sausage Sandwich\*

Lunch -Pepperoni Pizza\* -Mini Corn Dogs -Chef Salad & Bosco Stick -Deli Sandwich Sweet Corn Chilled Applesauce

Cold Milk

#### Thursday, April 10

Breakfast **Strawberry Pop Tarts** 

Lunch -Popcorn Chicken, Pretzel Sticks & Queso -Turkey & Cheese Croissant -Italian Salad & Bosco Stick\* -Deli Sandwich **Baby Carrots** Chilled Peaches Cold Milk

#### Friday, April II

Breakfast

**Cheesy Scrambled Eggs** & Biscuit

Lunch

-Mozzarella Sticks & Sauce

-Fish Sticks & Cornbread Muffin

-Chef Salad & Bosco Stick

-Deli Sandwich Fresh Broccoli Fresh Apple

Cold Milk

Whiteside Elementary School

indicates the item contains Pork

# Available Daily

We offer **General Mills Cereal** and Cereal Bars as additional Entrée choices. **Breakfast includes** milk, fruit and juice choice.

# STATE OF MIND

Physical activity isn't just good for your body. Regular exercise has been shown to help guard the mind against depression, too.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER **WELLNESS IS A WAY OF LIFE!**